

FOOD 4 FARMERS

COFFEE FOR BEES HONEY-BASED DRINK IDEAS

CAFE MIEL

- 2fl oz espresso
- 6fl oz steamed milk
- 15g honey
- 3 hearty dashes of cinnamon

Mix espresso, honey, and cinnamon and top with steamed milk.

ICED HONEY-LAVENDER LATTE:

- 2fl oz espresso
- 10fl oz steamed milk
- 10g honey
- 10g lavender syrup

Shake all ingredients with ice, and pour over ice to serve.

BEES KNEES COLD BREW SODA

- 4fl oz cold brew concentrate
- 8fl oz soda water
- 30g honey syrup (2:1 honey to water)
- 1/2 fl oz lemon juice

Shake cold brew, syrup, and lemon, then pour over ice, and top with soda.

Feel free to modify all drinks to taste.